

EVERYDAY ASSISTANCE PROGRAM

Here for you when life gets challenging.

Support for you and your household members — for whatever life brings, whenever you need it.

WHAT YOU GET

- 24/7 access to a Care Coordinator for emotional support
- Connection to coaching, counseling, and other resources
- Referrals to work-life services
- Digital tools and resources

COMMON REASONS TO REACH OUT

- Anxiety or depression
- Work stress or burnout
- Grief and loss
- Relationship challenges
- Life changes or major events
- Substance use concerns
- Crisis support
- Work-life balance

CALL 800-433-2320

VISIT canopy.myrevive.health

* If a referral for long-term treatment is needed, costs may apply and are often covered by your health insurance plan.





How to access support.

In crisis or just need someone to talk to now?

We're here 24/7 – call anytime.

Call **800-433-2320**

Text **503-850-7721**

Email **connect@revive.health**

TTY and Language Line Accessible

MEMBER PORTAL



Visit: **canopy.myrevive.health**

Log in or register as a new user

- Learn about your EAP benefits
- Take virtual courses on personal and professional growth
- Watch on-demand webinars

MOBILE APP

Download the app by searching for

"Canopy" in Google Play or the App Store.



**Always affordable.
Always available.
Always awesome.**