

## Monthly Employee Benefits Cost for 2025-26

### MEDICAL PLANS

The Archdiocese offers six medical plans through Blue Shield and Kaiser. Note: Kaiser is not available in all locations. Medical plan enrollment is required unless you have other medical coverage.

	Employee Only	Employee & Spouse	Employee & Child(ren)	Employee & Family
<b>Kaiser DEPO (\$1,000)</b>	\$57	\$454	\$340	\$577
<b>Kaiser DEPO (\$500)</b>	\$59	\$467	\$350	\$595
<b>Kaiser EPO</b>	\$63	\$496	\$372	\$631
<b>Blue Shield of CA (\$2,000)</b>	\$45	\$360	\$270	\$458
<b>Blue Shield of CA (\$1,000)</b>	\$48	\$380	\$285	\$484
<b>Blue Shield of CA (\$500)</b>	\$50	\$397	\$298	\$505

### DENTAL / VISION

Required

<b>Reta Delta Dental</b>	\$3	\$25	\$21	\$34
<b>Willamette Dental</b>	\$3	\$21	\$18	\$28
<b>Kaiser Permanente Dental</b>	\$4	\$27	\$23	\$37

**VSP Vision** Vision is bundled with dental plans at no added cost.

### Employee Assistance Program

**Canopy EAP** Included with core benefits. No cost. Covers dependents living in the house.

### Long-Term Disability

**50% of wages** ☐ Included ☐  
**60% of wages** ☐ \$6.09 ☐  
**66 2/3% of wages** ☐ \$8.97 ☐

### Short-Term Disability

**44-day elimination period** ☐ \$1.50 ☐  
**30-day elimination period** ☐ \$2.55 ☐  
**14-day elimination period** ☐ \$3.62 ☐



## Benefits Overview 2025-26 Health Plans

<b>Kaiser EPO</b>	<b>Blue Shield 1,000</b>	<b>Blue Shield 500</b>	<b>Kaiser DEPO 500</b>
<b>Blue Shield 2,000</b>	<b>Kaiser DEPO-1,000</b>	<b>Waive Medical</b>	

## CORE BENEFITS

(Cannot be waived)



### Dental

Delta Dental  
Willamette  
Kaiser



**Basic Life Insurance**  
AD&D \$25K



### Vision

VSP



**Long-Term Disability (LTD)** 50%



**Employee Assistance Program (EAP)**

## VOLUNTARY BENEFITS

**Additional Life Insurance, AD&D**

**Short-Term Disability (STD)**

**Long-Term Disability (LTD) Buy-Up**

**Healthcare Flexible Spending (HFSA)**

**Dependent Care Flexible Spending Account (DCFSA)**