



Take your health to the next level. Sign up for EngagementPointSM today.

With EngagementPoint, you can:

- Access your Blue Shield health plan info, medical ID card, and more – all in one place.
- Find a doctor, urgent care center, and more in your plan's network.
- Talk with a board-certified medical doctor or licensed mental health professional by phone or video through Teladoc.
- Chat with a registered nurse who can provide health counseling and education.
- Interact with a health coach who can help with disease prevention, nutrition, weight management, stress reduction, and management of chronic conditions such as diabetes, hypertension, and stress.
- Connect with a social worker who can assess your emotional and psychological well-being. The social worker can also provide crisis intervention, substance abuse counseling, and mental health referrals.

For more information and to sign up, visit blueshieldca.com/engagementpoint